



Brave Inflexions

TRAINING PROFILE



# WHAT SETS BRAVE INFLEXIONS APART

## #1 — MORE THAN 30 YEARS OF EXPERTISE

The Founder has walked the talk. With more than 35yrs of leadership experience, which includes executive, non-executive and international experience, leaders who work with Brave Inflexions are assured of a level of competence that they can rely on.

## #2 — BLENDED APPROACH

Leadership interventions cannot be one-dimensional. Brave Inflexions looks through multiple lenses when assessing the client's needs and brings to the table a multi-dimensional approach in its interventions.

## #3 — MULTI-DISCIPLINARY

In serving the client's needs the following disciplines are incorporated:

- Leadership, Team Dynamics and Performance Management
- Lessons from the field of Neuroscience
- Lessons from the field of Epigenetics
- Ethics
- Governance and Risk Management
- Lesson from the Enneagram

## #5 — CROSS-SECTORAL

We make a point of bringing leadership lessons from other sectors while zoning in on the particular dynamics of the client's sector. This helps the client to think broader than the box they may have been operating in.

## #4 — CUSTOMISATION

All interventions are customised, to ensure that the client's needs are met. The Brave Inflexions approach is to acknowledge that all organisations have their own nuanced challenges and need tailored programs that take the nuances into consideration. First, we listen, then we propose solutions or interventions.

## #6 — COURAGE AND TRUST

We don't shy away from having the difficult conversations, especially where the client has to deal with ethical dilemmas, conflict resolution, complex inflection points and the like. This, we are able to do because our clients trust us to work in their best interest and that conversations are always deemed confidential

# AREAS OF FOCUS



## LEADERSHIP

Directors

Executives

Senior Managers



## ETHICS

Training

Ethical dilemma  
navigations



## GOVERNANCE

Governance Training

Induction



## CULTURE

Culture turnaround

## STRATEGY

Strategic Advice

Facilitation



# SERVICES

## BOARD SERVICES

EXECUTIVE SUPPORT

CULTURE  
TRANSFORMATION

STRATEGIC ADVICE  
AND FACILITATION

CONFERENCE KEYNOTE



# BOARD SERVICES

## THE TRANSCENDENTAL DIRECTOR

### BOARD CONTINUOUS DEVELOPMENT

- Board induction
- Training



Strong boards evolve continuously

The whole is greater than the sum of its parts



### COACHING

- Individual coaching
- Board team coaching
- Hybrid coaching

### BOARD DYNAMICS

- Board culture assessments
- Board culture interventions
- Conflict resolution



Healthy Boards lead healthy organisations



# EXECUTIVE SUPPORT

## THE TRANSFORMATIONAL LEADER

### EXECUTIVE CONTINUOUS DEVELOPMENT

- Tailored Leadership programmes
- Bite-size leadership interventions



Future fit leaders learn and adapt

### COACHING

- Individual coaching
- Team coaching
- Hybrid coaching



Strong, high performing executive teams are central to winning organisations

### TEAM DYNAMICS

- Executive Team culture assessments and interventions
- Conflict resolution



Cohesive executive teams lead stronger organisations



## BESPOKE LEADERSHIP TRAINING



### TRANSCENDENTAL DIRECTOR SERIES

- Transcendental leadership
- Why Governance Principles Fail
- Dysfunction on Boards
- The impact of the Board's culture on the organisation
- The Board's role in building an ethical organisational culture
- The Board's role in a crisis
- Why organisations fail to retain female leaders

### TRANSFORMATIONAL LEADERSHIP SERIES

- The Executive Team's role in building an ethical organisational culture
- Leading through the layers
- Developing courageous and empathetic leaders – navigating VUCA and BANI
- Leading through inflection points
- Leading through change and uncertainty
- Leadership crisis vs crisis leadership

### Disciplines drawn from

- Leadership
- Governance
- Ethics
- Behavioural science
- Neuroscience
- The Enneagram
- Quantum physics
- Epigenetics



# CUSTOMISED LEADERSHIP TRAINING PROGRAMME DESIGN PROCESS



STEP  
04

## STEP 4

- Impact assessment
- Report to the Principal/Sponsor

STEP  
03

## STEP 3

- Onboarding participants
- Intervention delivery

STEP  
02

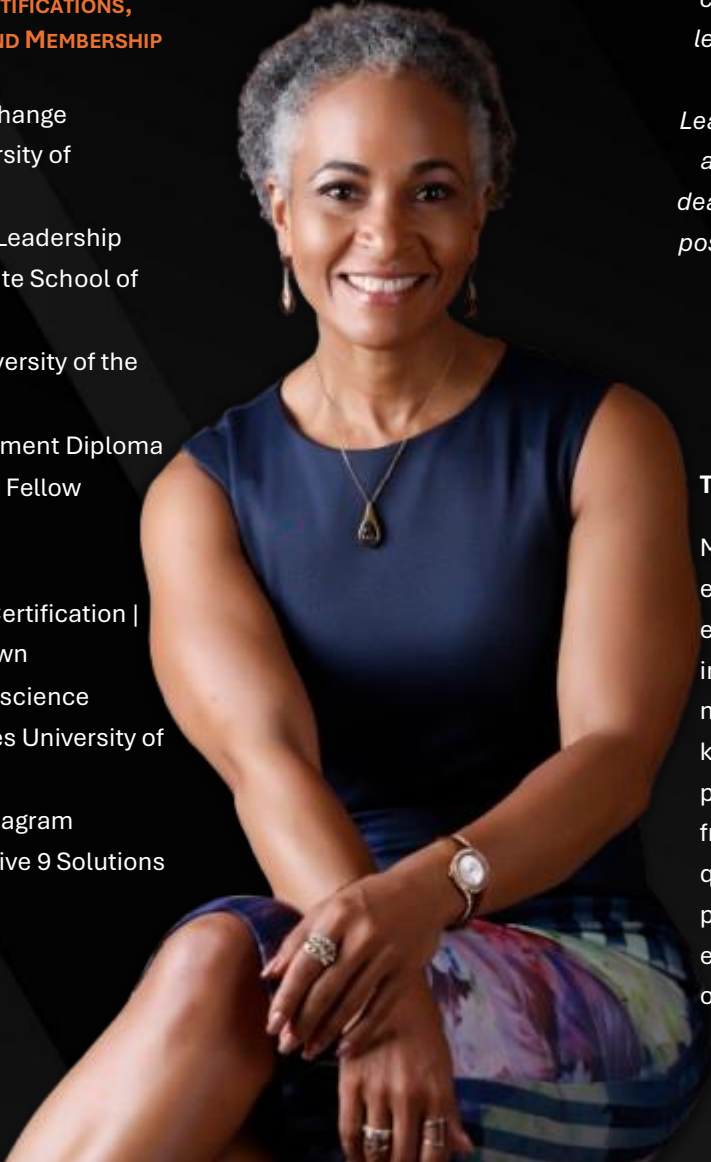
## STEP 2

- Intervention design
- Logistics planning

STEP  
01

## STEP 1

- Meet with Principal/Sponsor
- Assessment of needs and budget
- Intervention scoping
- Presentation to and approval by Principal/Sponsor



## About Dr Claudelle von Eck

Dr Claudelle von Eck is a governance and leadership strategist whose career spans corporate, public, academic, professional associations, and non-profit arenas. With her ability to rebuild trust, shape ethical cultures, and integrate strategy with humanity, she has guided complex organisations through transformation and renewal. As a former CEO, a Non-Executive Director and Executive Coach, she brings a rare combination of analytical rigour, psychological insight, and deep systems thinking to every leadership table.

### ACADEMIC QUALIFICATIONS, CERTIFICATIONS, PROFESSIONAL DESIGNATIONS AND MEMBERSHIP

- DPhil (Leadership – Change Management) | University of Johannesburg
- Master's in Business Leadership (MBL) | UNISA Graduate School of Business Leadership
- BA (Psychology) | University of the Witwatersrand
- IAC Business Management Diploma
- Certified Director and Fellow (IoDSA)
- COMENSA Member
- Executive Coaching Certification | University of Cape Town
- Introduction to Neuroscience Coaching – Enterprises University of Pretoria
- Level 2 Certified Enneagram Practitioner – Integrative 9 Solutions

*“As a dancer, I’ve learned that nimble feet are required to navigate through complexities. This has helped me to lead others through constant change and uncertainty.*

*Leadership, governance, culture, ethics and courage are topics that are very dear to my heart. My dream is to make a positive contribution in shaping a better world for all who live in it”*

### The differentiator in my approach

My approach is transformative with an emphasis on purpose and empowerment. I don't work confined in one box. I combine, in an integrative manner, my business acumen, knowledge of psychology, leadership principles, ethics, lessons learned from the fields of neuroscience, quantum physics, epigenetics, personal health and fitness etc, to ensure a holistic view of the individual or group of individuals' growth needs.



INTEGRATIVE ENNEAGRAM  
ACCREDITED PRACTITIONER

## Examples of Clients



ABSA Botswana



MTN South Africa



AECI - South Africa



National Youth  
Development Agency



ACFE South Africa

**Beiersdorf**  
Beiersdorf South Africa



Central Energy Fund



Coaches and Mentors  
South Africa



City of Cape Town  
Council



Transnet – SA SOE



Durban University  
of technology



Institute of Directors  
South Africa



IIA Mauritius



Liberty – South Africa



South African  
Maritime Safety  
Authority



SACNASP



Revlon - South Africa



South African Institute of  
Professional Accountants



Africa Re - South Africa



Solugrowth – South Africa



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